

NEWSLETTER

NOVEMBER 2025



RASHID LATIF
KHAN UNIVERSITY



RASHID LATIF
MEDICAL COLLEGE



RLKU
MEDICAL & DENTAL COLLEGE



HAMEED LATIF
TEACHING HOSPITAL



ARIF MEMORIAL
TEACHING HOSPITAL



RASHID LATIF KHAN UNIVERSITY (RLKU)

ORIENTATION 2025 (DAY 1)

A Warm Welcome to Our New Students!

Marked the beginning of an exciting journey for our new students and their parents as they joined us at Rashid Latif Khan University (RLKU) for the Orientation Ceremony!

The event was graced by esteemed faculty, staff, and of course, our bright new students! The Oath Ceremony set the tone for their time at RLKU, followed by the inspiring Coat Pins distribution ceremony, where Prof. Dr. Rashid Latif Khan honored the Heads of Departments. We were honored to have Chief Guest Mr. Ghulam Nabi, Director General Higher Education Commission Regional center Lahore), join us!

Here's to new beginnings, new friendships, and a bright future ahead.



ORIENTATION 2025 (DAY 2)

The second day of orientation was marked to deliver the administrative departmental SOPs, like CMS by IT Dept, Exam by CoE, Finance by their representative, Library by Librarian, Code of Conduct and allied knowledge was imparted by Head of Admissions. The session then ends with the departmental group photos.





RASHID LATIF KHAN UNIVERSITY (RLKU)

RLKU SIGNS MOU WITH ASIA INTERNATIONAL UNIVERSITY, UZBEKISTAN

Rashid Latif Khan University Expands Global Partnerships

We are pleased to announce that Rashid Latif Khan University (RLKU), Lahore has signed a Memorandum of Understanding (MoU) with Asia International University, Bukhara, Uzbekistan, under the esteemed leadership of Rector Dr. Dekhkanov Sukhrob Sobirovich. This milestone marks a new chapter in fostering international collaboration in education, research, and innovation. The partnership focuses on:

- Developing joint undergraduate and graduate programs
- Promoting academic mobility for students, faculty, and researchers
- Conducting collaborative research and exchanging publications
- Organizing International conferences and seminars
- Advancing innovation, technology transfer, and science-business integration

The MoU was officially signed during the visit of Dr. Shahan Cheema, Director ORIC, and Ms. Mahrukh Mumtaz, Incharge Department of Professional Psychology, representing RLKU.

This collaboration reflects RLKU's continued commitment to building global academic bridges, enhancing research excellence, and expanding international learning opportunities for our students and faculty.



LAHORE VCS MEET UP HOSTED BY RLKU

The Lahore Vice Chancellors' Meet-Up was hosted by Rashid Latif Khan University (RLKU) under the leadership of Prof. Dr. Rashid Latif Khan, Vice Chancellor, Ms. Sabahat Khan CEO, and Prof. Dr. Rukhsana Kausar, Pro Vice Chancellor. The event brought together leading Vice Chancellors, Pro Vice Chancellors, Rectors, and academic leaders from Lahore-based universities to deliberate on emerging educational reforms, collaborative initiatives, and inter-university engagements.

The meeting encompassed planning, facilitation, and coordination with all participating universities, ensuring a seamless and productive gathering in close support to the agendas finalized for the discussion.





RASHID LATIF KHAN UNIVERSITY (RLKU)

1st POSITION 2nd SEMESTER DPT AT IJAAD ENTREPRENEURIAL FESTIVAL

Department of Physical Therapy

- Rashid Latif Khan University, Department of Physical Therapy is proud to announce that students of 2nd Semester DPT actively participated in the IJAAD Entrepreneurial Festival held at RLKU on November 20, 2025.
- With great enthusiasm, creativity, and teamwork, our talented students showcased an exceptional stall – and their hard work truly paid off. They secured 1st Position in the Stall Competition.
- This remarkable achievement reflects their dedication, innovation, and ability to apply knowledge beyond the classroom. The Department of Physical Therapy congratulates all participating students and extends heartfelt appreciation to the faculty members who guided and motivated them.



INTER-UNIVERSITY MUSIC COMPETITION

We are delighted to share that Aman Khan, a dedicated student of 2nd Semester, DPT, has been selected to represent Rashid Latif Khan university, Department of Physical therapy in the Inter-University Music Competition. This prestigious event will be held at GCU Lahore on 13th December 2025.

Aman's achievement highlights the exceptional talent and versatility within our department. We are proud to see our students excelling not only academically but also shining in co-curricular fields.



FAREWELL CEREMONY FOR FINAL YEAR DPT : Hosted by 4th Year

Enthusiastic students of 4th Year DPT, Rashid Latif College of Physical Therapy organized a heartfelt Farewell Ceremony for the Final Year DPT students. The event was filled with gratitude, joy, and unforgettable memories as we celebrated the hard work, dedication, and accomplishments of our graduating class.

We were honored to have Prof. Dr. Rehana Niazi, Principal of Rashid Latif College of Physical Therapy, as the Chief Guest and respected faculty members. Prof. Dr. Rehana Niazi's inspiring words of wisdom, encouragement, and appreciation added grace and value to the ceremony, motivating the outgoing students as they step into their professional journey.



CORE VALUES WORKSHOPS

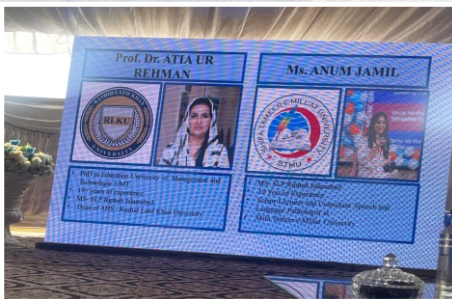
The Department of Professional Psychology led a 10-day workshop series highlighting the essential core value of Perseverance, with the goal of nurturing this important trait in the new cohort. The workshops included a range of engaging activities, interactive games, reflective worksheets, and lively discussions, all centered on the theme of Perseverance.

The Core Value of Perseverance's ambassador, Ms. Mahrukh Mumtaz, along with the faculty members of Psychology department, put in great effort to ensure the sessions were both engaging and impactful, creating a positive and motivating learning atmosphere. Students participated enthusiastically, finding the workshops both enjoyable and enlightening, and gained valuable understanding of how perseverance contributes to personal development and academic success.



PARTICIPATION IN POSTER COMPETITION

Students and faculty of Speech and Language Pathology Department of Rashid Latif Khan University showcased their research insight by participating in poster competition arranged by Riphah International University Islamabad. Theme of the competition was "Speech Beyond Boundaries through AI powered Communication". Different Universities from Punjab and KPK participated in this event. Dean of Allied Health Sciences, Prof. Dr. Atia ur Rehman was invited as special guest in the event. Students received appreciation on their outstanding contribution. This activity strengthened student's understanding of the field and also provided the opportunity to interact with professionals and students of SLP from different areas of the Pakistan. The involvement of our university students in this poster competition is a testament to their commitment to learning.



OATH TAKING CEREMONY OF MEMBERS OF BOARD OF GOVERNORS OF PAKISTAN SPEECH AND LANGUAGE PATHOLOGIST ASSOCIATION

Prof. Dr. Atia ur Rehman, Dean of Allied Health Sciences, Rashid Latif Khan University took oath as Member of Board of Governors of Pakistan Speech and Language Pathologist Association. Pakistan Speech and Language Pathologists Association of Pakistan conducted the oath taking ceremony of newly appointed members of Board of Governors in Islamabad. This event marked an important milestone in the association's ongoing commitment to strong leadership, transparency, and organizational growth. The ceremony began with a welcome address by the President of the Association, who highlighted the pivotal role the Board of Governors plays in shaping policy, strengthening community engagement, and guiding the association's strategic direction. Then all newly selected board members, representing diverse professional and academic backgrounds took formal oath. Each member pledged to carry out their duties with integrity, commitment, and a spirit of collaboration. The ceremony concluded with a group photograph.



STRENGTHENING SDG AWARENESS

The Faculty of Physical & Biological Sciences at Rashid Latif Khan University successfully organized an interactive training session on the UN Sustainable Development Goals (SDGs) for students from all departments.

The session aimed to enhance awareness, encourage responsible citizenship, and empower students to contribute meaningfully toward global sustainability challenges. Participants engaged in discussions, group activities, and real-world examples highlighting the importance of SDGs in academic, social, and professional contexts.

This initiative reflects RLKU's commitment to fostering a culture of sustainability, innovation, and community engagement among its students.





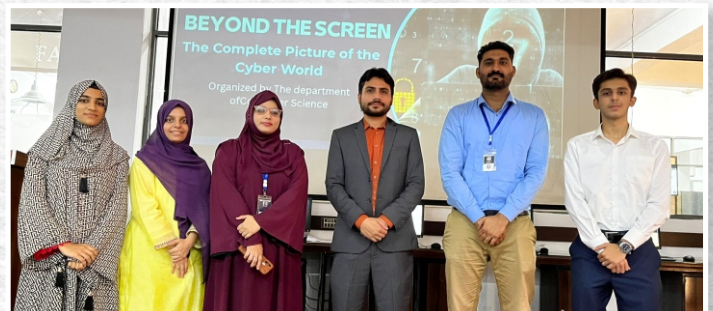
INDUSTRIAL VISIT TO SOFTAIMS SOFTWARE HOUSE, LAHORE

The students of the Department of Computer Science visited SoftAims Software House, Lahore, as part of their practical learning experience. During the visit, students gained valuable insights into the complete software development lifecycle, observing how a software project progresses from initial design to the final product. The visit provided them with a real-world understanding of professional workflows, team collaboration, and project management in the IT industry. The CEO of SoftAims delivered an informative session on futuristic technologies and shared practical tips and strategies to enhance technical and professional skills. This visit proved to be highly beneficial in bridging the gap between academic knowledge and industry practices, inspiring students to prepare themselves for the rapidly evolving tech landscape.



SEMINAR ON AWARENESS OF CYBER THREATS AND HARASSMENT

The Department of Computer Science organized a seminar on cyber threats, online harassment, and their consequences to raise awareness among students about responsible and secure digital behavior. The session was facilitated by Ms. Rabia, Lecturer in the Department, under the supervision of Dr. Shahzada Atif Naveed, Incharge of the Department of Computer Science. The seminar aimed to educate students about the growing risks associated with cybercrimes, ethical online conduct, and preventive measures to ensure digital safety. Students Ibrahim, Zarish, and Arbab actively participated in the session, contributing their ideas and engaging in meaningful discussions. This interactive session not only enhanced students' understanding of cybersecurity and digital ethics but also encouraged them to act responsibly in the online environment.





1ST INTERNATIONAL CONFERENCE ON COLOUR THERAPY

Prof. Dr. Humayun Riaz, Dean, Faculty of Pharmaceutical Sciences, RLKU, and Prof. Dr. Atif Raza, Principal, Punjab University College of Pharmacy, chaired the 1st International Conference on Colour Therapy held at Punjab University. Students and faculty from FOPS RLKU participated actively in the event. The conference highlighted the clinical benefits of colour therapy, an alternative therapeutic approach.



HUMAN LEADERSHIP

CHAMPIONS are the CORE VALUES of Rashid Latif Khan University, where "H" embodies Humane Leadership. Prof. Dr. Humayun Riaz, the true embodiment of this value, continues to inspire through his exemplary leadership. As the ambassador of Humane Leadership, he delivered a powerful and motivating session to new students, emphasizing the importance of empathy, integrity, and responsible decision-making. His impactful guidance encouraged students to lead with compassion and strive for excellence.





WHITE COAT CEREMONY

Rashid Latif Khan University proudly hosted the White Coat Ceremony to formally welcome the new cohort of pharmacy students into their professional journey. Under the esteemed leadership of Dean Prof. Dr. Humayun Riaz, the event emphasized the values of responsibility, integrity, and compassionate patient care, inspiring students as they embark on their path to becoming future pharmacists.





RASHID LATIF MEDICAL COLLEGE (RLMC)

RESEARCH CELL

Institutional Review Board (IRB) Session

A productive and academically rich session of the Institutional Review Board (IRB) was held today at Rashid Latif Medical College, where four research papers were presented with clarity, professionalism, and ethical commitment. Each presentation reflected the hard work, discipline, and scientific curiosity that our institution strives to nurture among its faculty and students.

The discussions were thoughtful, the feedback constructive, and the overall environment highly encouraging. We are proud of all contributors for taking this meaningful step forward in advancing medical research at RLMC.



PATIENT WELFARE CLUB

Annual Dinner

After an energetic concert and a joyful funfair day, the PWC team brought everyone together once again at their Annual Dinner. The evening was filled with celebration, heartfelt moments, shared stories, and a deep sense of togetherness.

Events like these transform student societies into close-knit communities, reminding us that accomplishments feel greater when shared. A big appreciation to the entire PWC team for nurturing a culture of unity and memorable experiences.





RASHID LATIF MEDICAL COLLEGE (RLMC)

WORKSHOP ON QUALITATIVE RESEARCH FOR MEDICAL STUDENTS

Faculty Development Program - Department of Medical Education

A focused workshop on Qualitative Research was conducted for medical students, led by Prof. Sadia Qureshi and Prof. Tazeem Shahbaz.

Students explored essential foundations of qualitative inquiry, including study designs, data collection techniques, and developing meaningful research questions. Hands-on discussions and expert mentorship made the session highly productive. Such initiatives strengthen scholarly culture, preparing both students and faculty for meaningful contributions to medical education research.



1st FCPS-II HEMATOLOGY MOCK EXAMINATION

Department of Pathology

1st FCPS-II Hematology Mock Examination

The first FCPS-II Hematology Mock Exam was conducted with great academic rigor, reflecting RLMC's commitment to postgraduate excellence.

We were honored to host esteemed examiners from King Edward University, Sheikh Zayed Medical College, UHS, and UOL, who were presented with shields as a token of appreciation. Their expert guidance enriched the learning experience for our trainees.

Collaborative academic efforts like these strengthen residency preparation and contribute to improved clinical competency.





RASHID LATIF MEDICAL COLLEGE (RLMC)

BLOCK 9 OSCE, OSPE & OSVE- 3rd YEAR MBBS

Department of Medical Education

Rashid Latif Medical College successfully conducted OSCE, OSPE, and OSVE for Block 9 of 3rd-year MBBS across all designated venues. These comprehensive assessments reflect RLMC's strong commitment to interactive, skill-based, and competency-driven evaluation. Through structured clinical stations, applied knowledge tasks, and real-time performance assessment, students were provided the opportunity to demonstrate clinical reasoning, communication skills, procedural competencies, and professional behavior in a controlled and standardized environment. RLMC continues to strengthen its assessment practices to ensure that students are well-prepared for real-world clinical challenges, focusing on fairness, transparency, and high academic standards.



WELCOME'28

Batch '27 proudly welcomed Batch '28 with a vibrant and fun-filled celebration. The event was marked by warm introductions, laughter, games, music, and heartfelt moments that strengthened the bond between the two batches. Such traditions promote unity, belonging, and a strong culture of support within the RLMC family. Here's to new beginnings and shared memories!





RASHID LATIF MEDICAL COLLEGE (RLMC)

PBL SESSION – FIRST YEAR MBBS

Department of Medical Education

First-year students explored a Chest Pain case integrating anatomy, physiology, and pathology with early clinical reasoning. Through guided discussions, brainstorming, and peer collaboration, students began developing critical thinking and lifelong learning skills. This early exposure builds confidence and lays a strong foundation for their journey from basic sciences to clinical practice.



MASTER'S IN MEDICAL EDUCATION

Department of Pathology

Rashid Latif Medical College proudly congratulates Prof. Nosheen Khurram on the successful completion of her Master's in Medical Education. Her dedication to continuous learning and professional excellence is truly inspiring for both faculty and students alike.



RLMC ALUMNI CELL

Heartiest congratulations to our alumnus, Waleed Younus, on successfully clearing USMLE

Your dedication, discipline, and perseverance throughout this rigorous journey are truly inspiring. Achievements like these reflect the strong academic foundation and commitment to excellence that RLMC fosters. We wish you continued success as you progress toward Step 2 and your residency goals. May this milestone be the first of many in your medical career.





RASHID LATIF MEDICAL COLLEGE (RLMC)

PATHOLOGY HUNT PRIZE DISTRIBUTION CEREMONY

Department of Pathology

The Department of Pathology organized an engaging and educational Pathology Hunt, promoting teamwork, clinical reasoning, and fun-based learning among students.

Winners and runners-up were honored for their outstanding participation and performance. Prizes and certificates were distributed by the Vice Principal and Head of the Pathology Department, appreciating the enthusiasm and effort of all teams.

Heartfelt congratulations to all participants for their remarkable spirit of learning through games – truly reflecting the joy of knowledge in action!



PBL SESSION- 2nd YEAR MBBS

Department of Medical Education

Second-year students actively explored Parkinson's Disease by engaging in collaborative discussions, analyzing clinical cues, and critically applying knowledge from basic sciences. The session encouraged teamwork, clinical reasoning, and reflective learning, helping students connect theory with realistic medical situations. Such sessions continue to strengthen their problem-solving skills as they move toward becoming competent future clinicians.





RASHID LATIF MEDICAL COLLEGE (RLMC)

INTERNATIONAL CHILD PSYCON 2025

Department Of Psychiatry

The International Child PsyCon 2025 at Rashid Latif Medical College turned into a truly inspiring gathering of brilliant minds and dedicated mentors. The workshop sessions on Autism Assessment, ADHD, and Adolescent Depression offered deep insights, practical learning, and thoughtful discussions. Each session added immense value, helping participants broaden their understanding of child and adolescent mental health.

We are deeply grateful to all the speakers, experts, and participants whose contributions made this event not only purposeful but genuinely enriching for everyone involved.





RLKU MEDICAL COLLEGE (RLKUMC)

8th JOURNAL CLUB MEETING

The 8th Journal Club Meeting was successfully held on Wednesday, 5th November 2025. The session was conducted under the guidance of Prof. Arif Mahmood Siddiqui, Principal RLKU Medical College.

Dr. Arfan Ullah delivered an engaging and well-structured presentation on Post-viral olfactory loss and parosmia. The session witnessed active participation from the faculty members of the Medical and Allied Departments, who contributed valuable insights and constructive discussions, enriching the academic exchange.

The Journal Club initiative continues to serve as a vital academic forum at RLKU Medical College, promoting scholarly dialogue and professional development within the institution.



13th INSPIRATIONAL SPEAKER PROGRAM

RLKU Medical & Dental College successfully conducted its 13th Inspirational Speaker Program on Friday, November 28, 2025, featuring Prof. Junaid Rashid, Dean of The Children's Hospital and The University of Child Health Sciences, Lahore, as the distinguished guest speaker.

The session was attended by faculty members, senior administration, and medical students. The objective of the program was to foster a growth mindset, strengthen professional resilience, and enhance motivation among emerging healthcare professionals.

During his address, Prof. Junaid Rashid shared valuable insights on the evolving demands of the medical profession, emphasizing the significance of empathy, ethical conduct, and continuous self-improvement. He encouraged students to cultivate emotional resilience and adopt a lifelong learning approach to meet the challenges of modern healthcare.

Participants deeply appreciated his thoughtful remarks and engaged actively in the interactive segment of the session. The program proved to be a meaningful academic engagement, contributing positively to the personal and professional development of the student body.





RLKU MEDICAL COLLEGE (RLKUMC)

INTERNATIONAL STRESS AWARENESS DAY

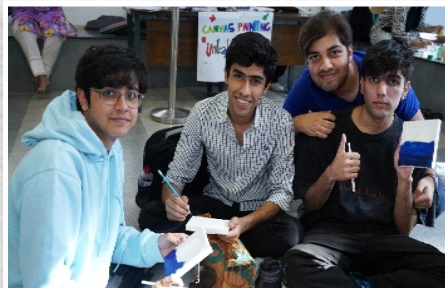
LIFE at RLKUMC, in collaboration with the Counselling & Wellness Center, organized an insightful and engaging event titled "SOUL SYNC" in observance of International Stress Awareness Day. The initiative was aimed at promoting mental well-being, emotional resilience, and a supportive campus environment.

Held on 5th November at the RLKUMC, the event featured a range of creative and therapeutic activities including canvas and ceramic painting, tote bag painting, and live pottery. Mental health awareness booths and a stand-up comedy session further enriched the experience, fostering reflection, relaxation, and meaningful community engagement.

Ms. Zuleikha Khan, Director Marketing, Rashid Latif Khan University, graced the occasion with her participation, demonstrating strong support for student and staff wellness initiatives.

The event also received appreciation from Prof. Dr. Arif Mahmood Siddiqui (Principal, RLKUMC) and Prof. Faheem Mahmood (Vice Principal, RLKUMC), who commended the organizing teams and emphasized the importance of sustained mental health awareness efforts.

SOUL SYNC provided an excellent platform for students, faculty, and staff to unwind, express their creativity, and strengthen community bonds. The initiative reflects RLKUMC's continued commitment to fostering psychological well-being and cultivating a culture of care, understanding, and holistic development. RLKUMC remains dedicated to advancing mental health advocacy and supporting the overall well-being of its community.





RLKU MEDICAL COLLEGE (RLKUMC)

WORLD DIABETES DAY

World Diabetes Day was observed at RLKU Medical College with an interactive awareness session focused on early recognition, prevention, and long-term management of diabetes. The Principal and Head of the Medicine Department, Prof. Arif Siddiqui, addressed the participants and outlined the major causes, risk factors, and preventive strategies essential for reducing the growing burden of diabetes.

Prof. Zahid explained the role of obesity in the development of diabetes and discussed its major causes, stressing the need for practical lifestyle adjustments to reduce risk.

Dr. Qunbar, Assistant Professor of Ophthalmology, highlighted common eye-related complications faced by diabetic patients and underscored the importance of regular eye examinations for early detection and prevention of vision loss.

Dr. Zubair, Senior Registrar in the Cardiology Department, discussed the strong link between diabetes mellitus and cardiovascular diseases, emphasizing timely screening, lifestyle modification, and adherence to treatment.

The session aimed to reinforce community awareness and encourage healthier practices among students and faculty.





ARIF MEMORIAL TEACHING HOSPITAL (AMTH)

FCPS TOACS PREPARATION

FCPS Toacs preparation under prestige guidance of Prof Asma Yasin HOD Obstetrics & Gynaecology regarding instrumental delivery, and breech presentation.



LECTURE ON POST PARTUM HEMMORHAGE

Highly informative lecture by most worthy Prof Dr Asma Yasin HOD Gynaecology & Obstetrics along with Prof Madiha Afzal and Prof Uzma Aziz, at Rashid latif Medical complex on Post Partum Hemmorrhage, one of the most common and important Obstetric complications encountered.

